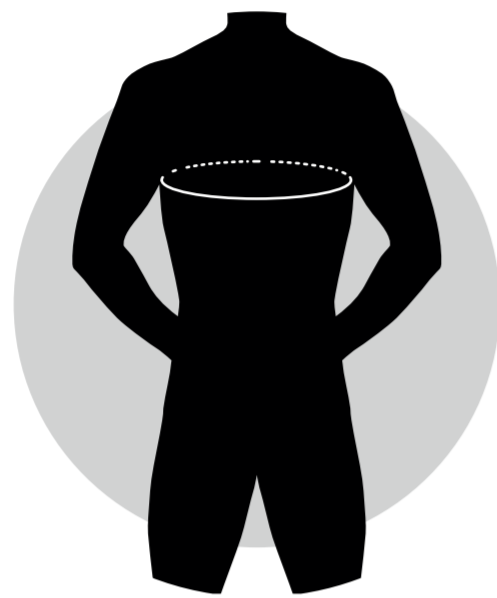


**1**

**CHEST CONTOUR:**

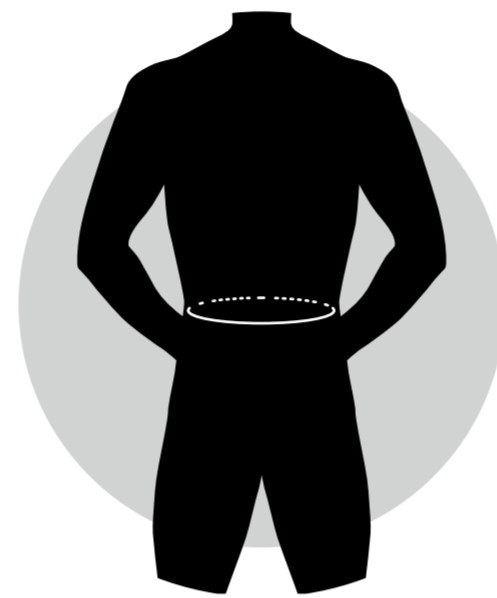
Extend your arms and round chest area just underneath and measure it.



**2**

**WAIST CONTOUR:**

Measure waist contour underneath the belly button.



**3**

**HIP CONTOUR:**

Put your legs together and measure by the widest parts of the hip.



**MEASUREMENTS**

SIZES		
USA	EUROPE	ALPHA
30,5	34	S
31,5	36	
32,5	38	M
34,5	40	
35,5	42	L
36,5	44	
38,5	46	XL
40,5	48	
42,5	50	XXL
44,5	52	
46,5	54	XXXL
48,5	56	

CHEST		WAIST		HIP	
CM	IN	CM	IN	CM	IN
88	34,5	76	30	87	34
94	37	82	32	93	36,5
95	37,5	83	32,5	94	37
102	40	90	35,5	101	39,5
103	40,5	91	36	102	40
111	43,5	99	39	110	43
112	44	100	39,5	111	43,5
121	47,5	109	43	119	46,5
122	48	110	43,5	120	47
132	52	121	47,5	128	50
133	52,5	122	48	129	50,5
141	55,5	124	49	134	52,5