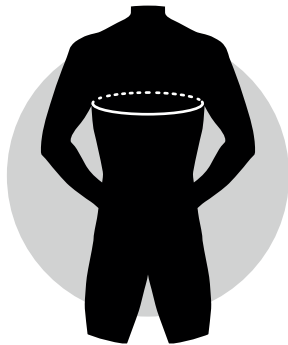


**1**

**CHEST CONTOUR:**

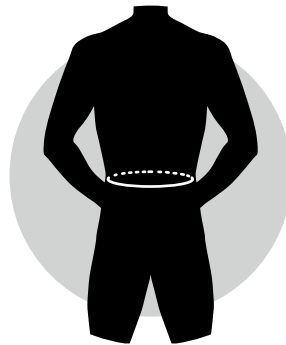
Extend your arms and round chest area just underneath and measure it.



**2**

**WAIST CONTOUR:**

Measure waist contour underneath the belly button.



**3**

**HIP CONTOUR:**

Put your legs together and measure by the widest parts of the hip.



SIZES	
EUROPE	ALPHA
44-46	S
48-50	M
52-54	L
56-58	XL
60-62	2XL

MEASUREMENTS		
CHEST (CM)	WAIST (CM)	HIP (CM)
88-94	76-82	87-93
85-102	83-90	94-101
103-111	91-99	102-110
112-121	100-109	111-119
122-132	110-121	120-128